

## Registration:

**\$125 TraumaPlay: A Therapy Model**

**Training: 11/8/19** (The registration fee includes lunch and CEU's)

**\$75 Helping the Wild Child: From Regulation to Reason Training: 4/28/20**

(The registration fee includes lunch and CEU's)

**\$175 Both Trainings of the Series (\$25**

**Discount for registering for both trainings by 10/18/19)** (The registration fee includes lunches and CEU's)

**6 Social Worker CEUs**

**License #** \_\_\_\_\_

**Name:** \_\_\_\_\_

**Organization:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_

**Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Special Dietary Needs:** \_\_\_\_\_  
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Register on-line, for a small fee, at: [EventBrite.com](http://EventBrite.com)  
or  
Submit check payable to CPCAN and registration form to:

*CPCAN, 606 Greenwood Place, Jackson MI 49203*

Contact Travis Barnett, Executive Director for questions or additional information at:  
517-788-4239 ext. 15

or email: [tbarnett@cpcanjackson.org](mailto:tbarnett@cpcanjackson.org)

**A Confirmation notice along with agenda will be emailed out upon receipt of payment**

**SPECIAL THANK YOU TO THE FOLLOWING ORGANIZATIONS FOR THEIR SUPPORT OF THIS EVENT:**

**EXCHANGE CLUB OF JACKSON  
COMMONWEALTH CENTER OF JACKSON  
JACKSON COUNTY INTERMEDIATE SCHOOL DISTRICT  
NUTURE HOUSE OF FRANKLIN, TENNESSEE**

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CPCAN, in continuing with ACE's purview, is following up with what our community has said they needed most, actual tools to go along with trauma informed care. How to work with children that has had traumatic experiences. This series will consist of two pieces of training: TraumaPlay and Caring For the Wild Child. The first training will be geared for clinicians while the second will offer technics to both clinicians and those working directly with children that have been traumatized. This would include parents/grandparents, foster parents, social workers, teachers, and direct care workers. Internationally recognized and respected Paris Goodyear-Brown will share with participants tried and true evidence-based methods to reach and help children so that the healing process can start.



**CPCAN OF JACKSON**

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Council for the Prevention  
of Child Abuse and Neglect



**Presents:**

**A Professional Development Series:  
Helping Children Heal**

**TraumaPlay: A Therapy Model  
Training on November 8, 2019**

**Caring For The Wild Child: From  
Regulation to Reason on April 24,  
2020**



Both occurring on their respective dates:

8:30 AM to 4:00 PM

Commonwealth Center

Grand Ballroom

209 East Washington Avenue

Jackson, Michigan 49201

*CPCAN's Mission: "to educate and strengthen our community to prevent child abuse and neglect."*

# Synopsis:

## Our Presenter:



**Paris Goodyear-Brown**  
LCSW, RPT-S  
Founder and Director of  
Nurture House

Paris is a Licensed  
Clinical Social Worker  
and a Registered Play  
Therapist-Supervisor

with 20 years of experience in treating families in need. While she specializes in treating trauma (sexual abuse, physical abuse, maltreatment and neglect) and attachment disturbances, she often provides help for anxious, angry or depressed children and teens. A child development expert, she frequently provides parent consultation, dyadic assessment and parent coaching to help parents manage and resolve their children's behavior problems. She is an Adjunct Instructor of Psychiatric Mental Health at Vanderbilt University, guest lecturer for several universities in middle Tennessee, and has an international reputation as a dynamic speaker and innovative clinician. She provides play therapy and licensure supervision and consults with various school districts, agencies, and mental health organizations to help develop play therapy programs and create more developmentally sensitive programming. With trainings in Morocco, Australia, and Sweden, as well as frequent domestic presentations, she is best known for developing clinically sound, played-based interventions that are used to treat a variety of childhood problems. She has received the APT award for Play Therapy Promotion and Education. She is the author of multiple books, chapters and articles related to child therapy. Her newest books include *Tackling Touchy Subjects*; *The Handbook of Child Sexual Abuse: Identification, Assessment, and Treatment*; *Play Therapy with Traumatized Children: A Prescriptive Approach* and *The Worry Wars: An Anxiety Workbook for Kids and their Helpful Adults*. For the whole of her career, she has carried a vision of a place, a home, in which the space itself would help children and parents feel safe, nurtured and ready to do the deep work of healing. Although it looks like a playhouse, and her child clients call it "the kid's palace" the fun, highly playful environment helps the hard stuff go down easier.

## TraumaPlay: A Therapy Model

November 8, 2019

Trauma Play is a flexibly sequential play therapy model that combines both directive and non-directive methods into an integrated framework for treating children and families with trauma and attachment issues. Grounded in an understanding of the neurobiology of trauma and the neurobiology of play and the power of one to heal the other, TraumaPlay offers a series of evidence-based treatment goals while delivering treatment primarily through play-based interventions. Participants will leave this workshop with practical strategies for enhancing safety and security, assessing for and augmenting coping, soothing the physiology, enhancing emotional literacy, providing play-based gradual exposure, addressing the thought life, and making positive meaning of the post trauma self. This six-hour workshop will provide an overview of the model, illustrate this work with case examples and offer a multitude of immediately usable play therapy interventions that can be integrated into clinical practice.

After the workshop participants will be able to:

- 1) List the seven core components of TraumaPlay
- 2) Describe at least one play therapy intervention you may use in pursuit of each treatment goal
- 3) Explain the concept of containment as it is used in this play therapy model
- 4) List four play therapy interventions for soothing the physiology
- 5) Identify multiple mediums for trauma narrative work
- 6) List the three forms of limit setting provided in the TraumaPlay model



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## Caring For the Wild Child: From Regulation to Reason

April 24, 2020

You know the wild child: the child who can't sit still, who becomes aggressive with peers or blurts out in structured settings, who exhibits defiance, who come from a hard place. While many staff working with children have had exposure to behavior management methods, these tend to have limited effectiveness with children who lose their self-control easily. We will look at the neurophysiology of these children and talk about ways to co-regulate them more effectively. The primary premise of the workshop is that children's thinking brains cannot be accessed for learning until they are regulated. Empowering, Connecting and Correcting strategies will be shared. As well as how we provide a combination of high structure and high nurture while creating a culture of kindness and connection in our interactions.

After attending this workshop, participants will be able to:

- 1) List six core strategies of SOOTHE that help parents and teachers co-regulate their children more effectively.
- 2) Name a strategy from the three areas of Empowering, Connecting and Correcting.
- 3) Describe two dyadic play therapy games that help children to wait on the giving and receiving of clear cues in communication.
- 4) Explain two play therapy games that give children experiences of receiving nurture from their parents.
- 5) Describe five play therapy skills that can be taught to parents to help them better attune to their children in play.